Duke University School of Medicine

Preliminary Data on the Self-Identified Hearing Goals (SIHG) Questionnaire

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Disclosures

- Salary from Duke University
- Affiliation with Mountain Home VAMC
  - Currently leave without pay status
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Disclosures

- The content of this presentation does not reflect the views of the Department of Veterans Affairs or the United States government.

Patient-Centered Care in Audiology

Self-Assessment Tools for Patient-Centered Care

- E.g., Client Oriented Scale of Improvement (COSI; Dillon et al., 1997), Glasgow Hearing Aid Benefit Profile (GHABP; Gatehouse, 1999)
- Pre-treatment
  - No (COSI)/Minimal (GHABP) indication of how patient is currently functioning in the nominated situations
- Post-treatment
  - Benefit and satisfaction measures
  - No indication of how they are doing with hearing aids in terms of fit/comfort, occlusion, etc.

Purpose

- To develop a patient-specific self-report measure for auditory rehabilitation that obtained patients' nominated listening goals and assessment of self-perceptions regarding each listening goal to facilitate a tailored rehabilitation approach
- Current status (pre)/ post intervention
- Demonstrate validity and reliability of the measure (Long-term goal)

Self-Identified Hearing Goals Questionnaire (SIHG)

- Nominate up to 3 goals
- Expands upon the COSI
  - Assesses 6 domains regarding each goal (pre/post)
  - Asks 5 additional questions if the patient has hearing aids (pre/post)
- Intended use
  - Adults undergoing any audiologic rehabilitation intervention

Pre-SIHG

- Current ability
- Self-efficacy
- Effort
- Motivation
- Social Support
- Social Frequency

Post-SIHG

- Satisfactory ability
- Self-efficacy
- Effort
- Benefit
- Social Support
- Social Frequency

- Lifetime hearing aid experience
- Use
- Own voice
- Sound quality
- Comfort

Inclusion Criteria

- Veterans (18-89 years of age)
- Healthy subjects
  - No dementia, blindness, etc.
- Sensorineural hearing loss
- Must have amplification that was meeting NAL-NL2 targets (± 5 dB)

Participants

	Experienced Users	New Users
N	47	9
Age (in years)	71.9 (5.4)	63.6 (16.4)
Gender (# male)	46	9

Hearing Aids

	Experienced	New
Hearing Aid Type (N)		
BTE	20	2
RIC	23	6
ITE/HS/CIC	1	1
Remote control/Phone App	21	2
Accessories for TV and/or phone	4	1
Remote microphone technology	0	0
Communication strategies training	0	0

Audiogram
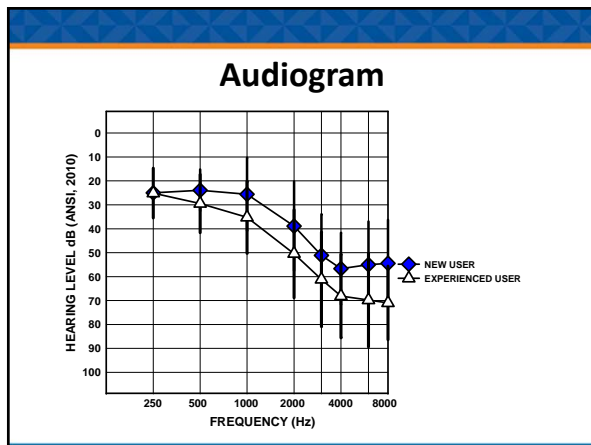
Questionnaires

Listening Self-Efficacy Questionnaire (LSEQ)

Speech, Spatial and Qualities of Hearing Questionnaire (SSQ12)

Abbreviated Profile of Hearing Aid Benefit (AHPAB)

Device Oriented Subjective Outcome Scale (DOSO form B)

Satisfaction with Amplification in Daily Life (SADL)

Hearing Handicap Inventory for Adults/ Elderly (HHIA/E)

International Outcomes Inventory for Hearing Aids (IOI-HA)

Procedures (Experienced Users)

Procedures (New Users)

'Pre'-SIHG (ALL GOALS)
30 Experienced Users (1 Visit)

Pre-Post SIHG (ALL GOALS)
17 Experienced Users (2 Visits)

Pre-Post SIHG (ALL GOALS)
9 New Users
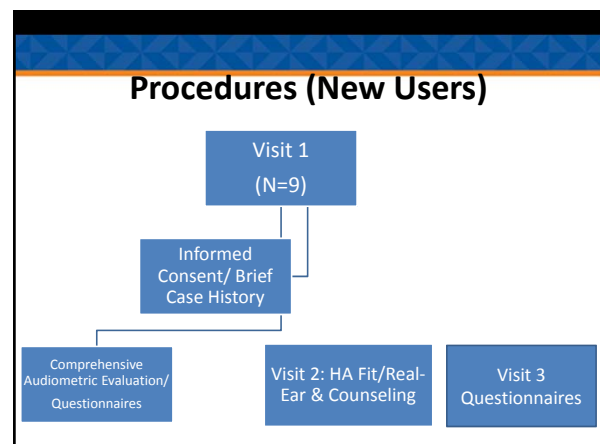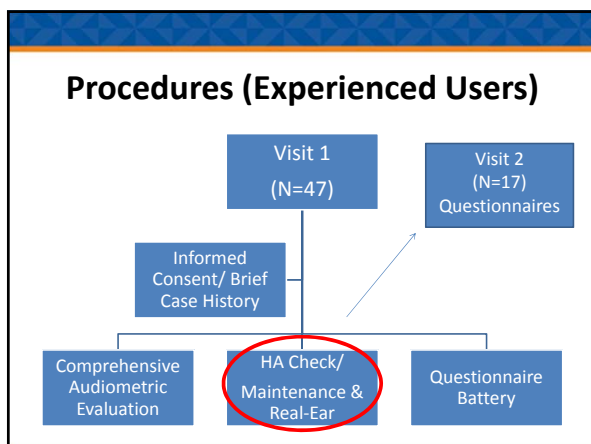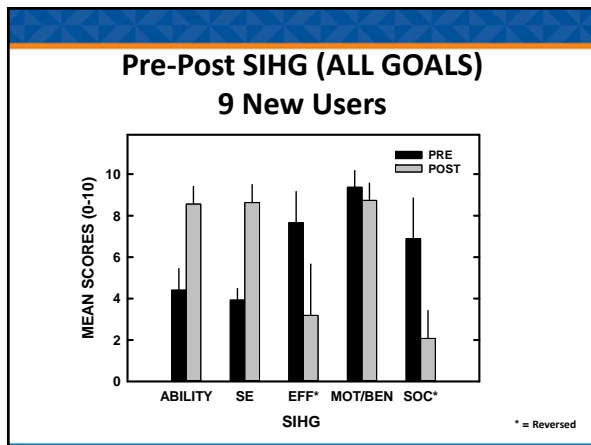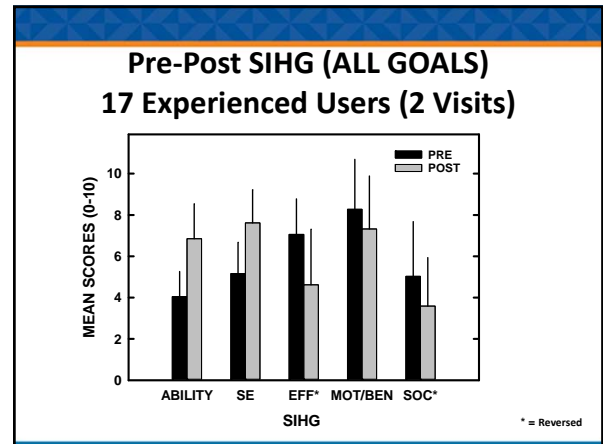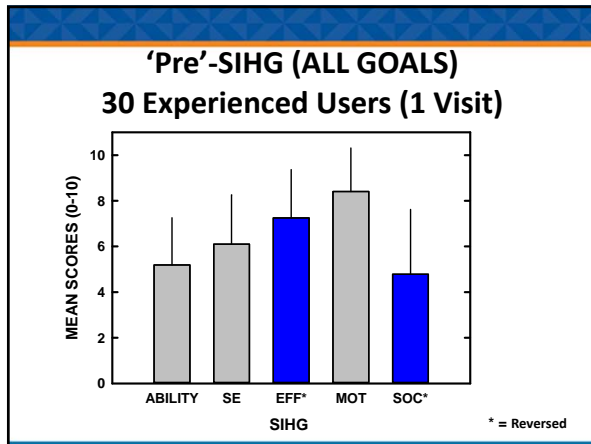
Standard Outcomes

Questionnaire	% Within or Exceeded Norms
SADL	100
IOI-HA	96
DOSO form B	94
HHIA/E	80
SSQ12	68
LSEQ	56

Interim Conclusions

- 64% experienced users had hearing aids that met target and who declined adjustments
  - Average SIHG responses suggest they could benefit from AR to improve goals
- 36% of experienced users needed adjustments to meet target
  - Adjustments plus counseling improved SIHG responses
  - Some could use additional tailored AR
- New users had significant improvement and high outcomes in all domains
- Majority of new and experienced users would have met normative data on standardized outcome measures

Case Study (Experienced User)

- Goals
  - (1) Understand grandson on telephone
  - (2) Hear voices from a short distance at church
    - Re-fit hearing aids
    - Facilitative strategies
   - Telephone tactics

Case Study

Understand grandson on telephone	
Pre-SIHG	Post-SIHG
1. Current ability: 1	1. Satisfactory ability: 9
2. Self-efficacy: 3	2. Self-efficacy: 9
3. Effort: 10	3. Effort: 2
4. Motivation: 10	4. Benefit: 10
5. Social support: 7	5. Social support: 0
6. Social frequency: daily	6. Social frequency: daily

Case Study

Hear voices from a short distance at church	
Pre-SIHG	Post-SIHG
1. Current ability: 3	1. Satisfactory ability: 10
2. Self-efficacy: 6	2. Self-efficacy: 10
3. Effort: 10	3. Effort: 0
4. Motivation: 10	4. Benefit: 10
5. Social support: 9	5. Social support: 0
6. Social frequency: weekly	6. Social frequency: weekly

Clinical Implication

- Stresses the importance of follow-ups
- Focus on better tailoring our audiologic rehabilitation plan to the individual
  - Accomplished through looking at self-nominated goals pre- vs post- intervention

Acknowledgements

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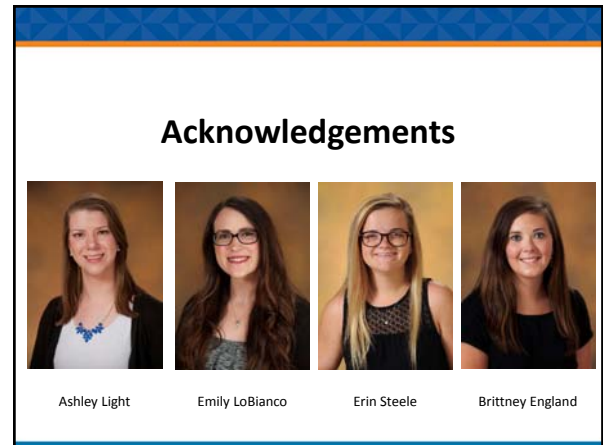
Thank you

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